Getting Started With XMD Wellness



Personalized Care. A *Simpler* Process. Support *Every Step* of the Way.

Getting started with XMD Wellness is easier than ever. Here's what to expect from your first step to delivery.

1. Choose Your Wellness Program

Visit XMD Wellness through your Brand Partner's referral link or the XMD Wellness website. Explore our wellness programs, select the option that aligns with your goals, and click **Get Started.**

2. Complete Your Health Intake

Tell us a little about yourself! Complete your online health questionnaire so your provider can better understand your health history, needs, and wellness goals.

3. Enter Your Payment Information

After completing your intake, you'll enter your payment information to submit your order. Here's the good part: Your payment is only preauthorized at this stage. Funds may be temporarily held, but you won't be officially charged until your treatment is approved and once it's sent to pharmacy.

4. Provider Review

Your health comes first. A licensed healthcare provider reviews your intake information to determine whether treatment is appropriate for you. Once approved, your prescription is sent to the pharmacy for fulfillment.

5. Pharmacy Fulfillment

Your prescription is sent to the pharmacy, where your medication is prepared and processed for shipment.

6. Delivered to Your Door

Your medication ships discreetly, right to your doorstep. Most customers can expect delivery within approximately 5-7 business days after completing their intake, although timelines may vary.

7. Support Supplements

Complement your XMD Wellness journey with Xyngular supplements designed to support your wellness goals. Shop at xyngular.com.

YOUR PATIENT PORTAL

Your Wellness Journey Doesn't End When Your Medication Arrives.

With your XMD Wellness Patient Portal, you can:

- **Stay Connected:** Message your dedicated provider directly with questions about your treatment.
- **Get Ongoing Support:** Connect with our enhanced customer support team for help along the way.
- **Manage Your Journey:** Access your treatment information, follow your progress, and manage your care in one convenient place.