

## What is Trimstix?

Kick cravings to the curb with the power of Trimstix™. This single-serving mix is the on-the-go (or sitting pretty!) weight loss and blood sugar support your body needs, with a burst of healthy energy from wholesome ingredients found in nature, like organic coffee berry and green tea.\*

## Benefits

- Curbs cravings\*
- Boosts energy and focus\*
- Promotes healthy blood sugar levels in healthy individuals\*

## Key Ingredients

- Cravings-Curbing: CurCousin®, Potato Protein, and Fucoxanthin-Rich Seaweed
- Energy & Focus Boosting: Methylated Vitamin B12, Organic Coffee Berry, and Organic Green Tea
- Blood Sugar Level Supporting: Organic Tapioca Fiber, Organic Baobab Fruit Fiber, Choline, Chromium, Amla Fruit, and Shilajit

## FAQ

**Question:** Does Trimstix Dragon Fruit contain caffeine?  
**Answer:** Yes, Trimstix Dragon Fruit contains 50 mg of naturally occurring caffeine.

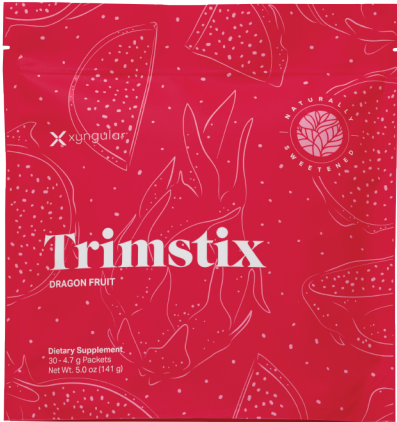
**Question:** When should you take Trimstix?  
**Answer:** We recommend taking Trimstix Dragon Fruit after lunch to help curb afternoon sugar cravings.

**Question:** Is there any difference between the flavors of Trimstix?  
**Answer:** Between the flavors of Orange Pineapple, Fruit Punch, and Pink Lemonade, the only difference is the delicious flavors! Trimstix Dragon Fruit includes an organic blood sugar support blend, organic naturally occurring caffeine, and a plant-based appetite balance blend. These amazing ingredients all work together to give you the same great benefits you expect from Trimstix.

## Directions

Empty stick packet into 8-12 fl. oz. of cold water and stir or shake to dissolve.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## Supplement Facts

Serving Size: 1 Stick Packet (4.7 g) Servings Per Container: 30		
	Amount Per Serving	% DV
Calories	10	
Total Carbohydrates	3 g	1%*
Dietary Fiber	2 g	7%*
Vitamin B12 (as methylcobalamin)	2.4 mcg	100%
Choline (as choline bitartrate)	40 mg	7%
Chromium [chromium with amla extract (fruit) and shilajit]	200 mcg	571%
<b>Blood Sugar Support Blend</b>	2,300 mg	†
Organic Tapioca Fiber, Organic Baobab Fruit Fiber		
<b>Clean Energy Blend</b> (provides 50 mg of naturally occurring caffeine)	76 mg	†
Organic Coffee Berry, Organic Green Tea		
<b>Appetite Balance Blend</b>	332 mg	†
Potato Protein (tuber), CurCousin™ 99% Calebin A (Curcuma longa/caesia), Fucoxanthin-Rich Seaweed (10% fucoxanthin)		
*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Values (DV) not established.		

Other ingredients: Natural flavors, citric acid, beet root (color), organic stevia (Rebaudioside A from Stevia rebaudiana leaf).

Contains: 50 mg of caffeine per serving.

## Complementary Products

Xyngular  
Complete Collagen™

Xyngular  
Complete Prebiotic™

Xyngular  
Complete Probiotic™



## FAQ

### Q: What are the benefits of Trimstix Dragon Fruit?

- A: • Curbs cravings\*  
• Boosts energy and focus\*  
• Promotes healthy blood sugar levels in healthy individuals \*

### Q: How do you recommend using Trimstix Dragon Fruit?

A: Empty a Trimstix Dragon Fruit stick packet into 8-12 fl oz of cold water and stir or shake to dissolve.

### Q: When should you take Trimstix Dragon Fruit?

A: We recommend taking Trimstix Dragon Fruit after lunch to help curb afternoon sugar cravings.

### Q: What makes Trimstix Dragon Fruit different from other weight loss products?

A: Trimstix Dragon Fruit contains three expertly-formulated blends designed to curb cravings, boost energy and focus, and promote healthy blood sugar levels in healthy individuals for long-term weight management and weight loss success.\* These blends are the Blood Sugar Support Blend, which consists of organic tapioca fiber and organic baobab fruit fiber, the Clean Energy Blend, which provides 50 mg of naturally occurring caffeine and consists of organic coffee berry and organic green tea, and the Appetite Balance Blend, which consists of potato protein, CurCousin® 99% calebin A, and fucoxanthin-rich seaweed.\*

### Q: Should I eat food before taking Trimstix Dragon Fruit?

A: Food is not required to take Trimstix Dragon Fruit. If you are sensitive to caffeine, try taking Trimstix Dragon Fruit with food.

### Q: What are the key ingredients in Trimstix Dragon Fruit?

- A: The key ingredients in Trimstix Dragon Fruit are:
- Cravings-Curbing: CurCousin®, Potato Protein, and Fucoxanthin-Rich Seaweed
  - Energy & Focus Boosting: Methylated Vitamin B12, Organic Coffee Berry, and Organic Green Tea
  - Blood Sugar Level Supporting: Organic Tapioca Fiber, Organic Baobab Fruit Fiber, Choline, Chromium, Amla Fruit, and Shilajit

### Q: Is there any difference between the flavors of Trimstix?

A: Between the flavors of Orange Pineapple, Fruit Punch, and Pink Lemonade, the only difference is the delicious flavors! Trimstix Dragon Fruit includes an organic blood sugar support blend, organic naturally occurring caffeine, and a plant-based appetite balance blend. These amazing ingredients all work together to give you the same great benefits you expect from Trimstix.

### Q: Where is Trimstix Dragon Fruit manufactured?

A: Trimstix Dragon Fruit is manufactured in the United States in a GMP (Good Manufacturing Practices), FDA-compliant facility.

### Q: Does Trimstix Dragon Fruit contain fish or shellfish?

A: No, Trimstix Dragon Fruit does not contain fish or any shellfish products.

### Q: Does Trimstix Dragon Fruit contain soy?

A: No, Trimstix Dragon Fruit does not contain soy or any soy byproducts.

### Q: Does Trimstix Dragon Fruit contain nuts?

A: No, Trimstix Dragon Fruit is nut-free.

### Q: Does Trimstix Dragon Fruit contain dairy?

A: No, Trimstix Dragon Fruit is dairy-free.

### Q: Does Trimstix Dragon Fruit contain gluten?

A: No, Trimstix Dragon Fruit is gluten-free.

### Q: Does Trimstix Dragon Fruit contain caffeine or stimulants?

A: Yes, Trimstix Dragon Fruit contains 50 mg of caffeine per serving.

### Q: Is Trimstix Dragon Fruit vegan-friendly?

A: Yes, Trimstix Dragon Fruit is vegan-friendly.

### Q: Can you use Trimstix Dragon Fruit if you are pregnant or nursing?

A: We recommend consulting with your physician about any supplement if you are pregnant or nursing.

	Orange Pineapple, Fruit Punch, Pink Lemonade	Dragon Fruit
<b>2g Dietary Fiber</b>	Fibersol® Soluble Corn Fiber	Organic Tapioca Fiber, Organic Baobab Fruit Fiber
<b>Blood Sugar Support</b>	My Sugar Defense Blend: Grape, Coffee Bean, Onion	Blood Sugar Balance Blend: Chromium, Amla Fruit, Shilajit
<b>Energy</b>	50mg Caffeine Green Tea, Caffeine Anhydrous	50mg Caffeine Organic Coffee Berry, Organic Green Tea, Methylated Vitamin B12
<b>Appetite Support</b>	Appetite Suppressant: Citrus aurantium (Advantra Z®), White Willow Bark, Garcinia Cambogia, Fucoxanthin-Rich Seaweed, Choline	Appetite Balance: Potato Protein, CurCousin® 99% Calebin A, Fucoxanthin-Rich Seaweed, Choline
<b>Sweetener</b>	Sucralose, Acesulfame Potassium	Organic Stevia (Reb A)

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